

## **BASINGSTOKE BREAST CANCER SELF HELP GROUP**

**Minutes of the meeting held 24 September 2019**

**Chairman: Angela Bennett**

**Treasurer: Renee Smith**

**Minutes: Lyn Nelson**

**Newsletter: Liz Janes**

**Fundraising: Kirsten, Isobel, Joyce, Pat, Liz, Maureen and Lyn**

**Minutes of the last meeting verified as a true record**

**24 Members attended**

**The group welcomed 4 new ladies Jane, Ally, Liz and Christine**

**The meeting opened with the presentation of a cheque for £4000 to the group which was from Tesco local stores "Bags of Help". Julie, who is Community Fund Raising Coordinator for Tesco, presented the cheque to the group.**

**The August meeting was replaced with a skittles evening at The Basingstoke Conservative Club. The skittles caused a lot of merriment with the players who were quite competitive. Les won first prize and Ann Parry won a gallant lowest score prize. There was also a lovely buffet served during the evening. Thanks to Renee for organising the evening.**

**The Motown evening with Lou Taylor's Soul Train is on Saturday 28 September at Kempshott Village Hall. The hall is being used free of charge to the group, Renee has organised the evening as a fundraiser. Thank you, Renee.**

**There will be a new venue for our Christmas dinner. Liz has organised Aingels Café Bistro which is located at The Winkle, on Winklebury Way. Prices and menu to follow - there will be a maximum of 40 people.**

**Gary Burrows from the Sports Centre, who has been off sick, will be starting the taster session again for ladies after cancer on 29 November from 1pm-2pm.**

St Michael's Hospice "Light up a Life" is taking place on 1 December in the grounds of the hospice. The group will donate £240 in memory of the ladies who sadly are not with us now.

The guest speaker was Mary Boshier who is a radiologist working in the mobile mammogram unit at the hospital. The talk was very interesting as Mary explained how the machine works, and why they have to lower the plates to certain pressure to get a clear picture. The images are all computerised so they can be sent to medical staff by computer and not hard copies. Mary told us that very soon the mobile unit would be moving to Hook, and that ladies over the age of 70 can still have a mammogram. An appointment can be made by phoning the breast care office at Royal Hampshire County Hospital in Winchester. Mary gave us a leaflet with the details.

The meeting ended with a raffle.

The guest speakers in October will be Sandy, the nurses from the Breast Care Unit and the Community Support Nurse.