

Basingstoke Breast Cancer Self-help Group

Minutes of the Monthly Meeting

Held on 21st January 2025

Chairman: Angela Bennett

Treasurer: Renee Smith

Newsletter: Liz Janes

Secretary: Heather Bounaouara

Attendees

21 ladies attended.

Apologies

Yvonne Huston, Doreen Bunce, Anne Knight, Bridget Sullivan, Pat Hunt, Sue Seamour, Maggie Shukla, Corrine Thomas and Ann Parry.

Welcome

Angela welcomed everyone to our first monthly meeting of 2025, especially a new lady called Josephine. This year marks our 22nd anniversary as a group.

Speakers

All of our speakers are now booked for this year. Angela is now planning the speakers for 2026.

Our March speaker will be Lynn's daughter, Rachel, and she will be speaking about Reiki.

Subs

A lady suggested we increase our subs from £2 to £3 per meeting. As many ladies were not present, Angela said we will leave this until the next monthly meeting.

Minutes

Heather read out the minutes of the November meeting; they were then signed by Angela.

Social events

Liz informed us that the 18th July canal trip is all booked and paid for. She will produce a list for the next meeting.

Skittles Evening on 26th August - Liz will make a list for this event also.

Outings - there is a clipboard for us to write down our suggestions for outings this year. Liz suggested another afternoon tea at Milestone's Museum for the end of June or early July, and this suggestion proved popular.

Gabardine's Cafe on the last Saturday of every month is still a regular event for us ladies to enjoy a coffee and a chat after the 5K Your Way in the Memorial Park. Meet at 10.30am in the cafe, even if you haven't done the walk/run.

Fundraising

End of November or early December, we will have a fundraising dinner evening at Loddon Vale Bowling Club after a widower called Jim offered the venue to us. There will be a proposed number of 50 people attending, with a three-course dinner for approximately £25 per head. A comedian, a magician or a musician will be booked for entertainment and we hope that raffle prizes will be donated by

local businesses. The raffle will be the biggest source of funds from this evening. Liz and Heather will assist in the organising of this event. People who are not members of our self-help group will also be attending.

Newsletter

Liz informed us that her newsletter will be out a little late this month due to the AGM.

Miscellaneous

Sue Seymour has had an operation, she is doing well and has received flowers from our group.

A physical trainer, called Stephanie, from the Aquadrome Gym has emailed Angela to let us know that there is a 12-week fitness course being offered for those who are recovering from breast cancer. More information will follow.

Angela thanked Maureen for the cake we all enjoyed at this meeting.

The meeting closed at 8pm.