

Basingstoke Breast Cancer Self Help Group

Meeting held 22 October 2019

Chairman: Angela Bennett

Treasurer: Renee Smith

Minutes: Lyn Nelson

Newsletter: Liz Janes

Fundraising committee: Kirsten, Joyce, Isobel, Pat, Liz, Ann, Maureen and Lyn

Minutes of the last meeting verified as correct.

Three ladies were welcomed to the group - Lucille, Suzie and Sarinda.

The meeting started with our guest speakers Sandy, Alison, Cassandra, Hannah, Jo and Sammy. Sandy and Hannah gave updates on breast care and the three other girls gave us a talk on their work. The group were then able to ask questions.

Nikki Butler from Look Good Feel Better was also present and gave a short talk to the group.

The group's cake sale will take place on 25 October at the Health Information Point at Basingstoke and North Hampshire Hospital from 10am to 12pm.

Move Against Cancer is a community- based initiative to encourage those living with and beyond cancer, families, friend and those working in cancer services to walk, jog, run, cheer or volunteer at a local 5k Your Way parkrun event on the last Saturday of every month.

Angela, Renee and Liz have set up a finance committee and will meet once a month at The Apollo.

On 28 September the group enjoyed a fundraising evening at Kempshott Village Hall with Lou Taylor's Soul Train. Everyone brought their own supper, and most people got up to dance to Lou's music and his great voice. Sheila kindly sold raffle tickets which raised £110 plus £300 from ticket sales. Another great show organised by Renee.

There will be a fashion show on 28 November at 2.30pm in Lasham Garden Centre.

1 December is the Light up a Life service at St Michael's Hospice starting at 6pm. The group have donated £240 in memory of ladies who sadly are no longer with us.

3 December our Christmas dinner will be held at Aingel's Café Bistro The Winkle on Winklebury Way, starting at 7pm. The price for two courses is £17.50 or £22.50 for three courses, of which the group will pay £10.

Afternoon tea in The Ark is on 19 and 20 December from 3pm to 5pm, priced at £20 for two people.

The group's Christmas party will be at The Ark on 17 December. Please bring a plate of food and a secret Santa gift to the value of £5.

The meeting ended with a raffle.