

Basingstoke Breast Cancer Self-help Group

Minutes of the monthly meeting held 21 October 2025

Chairman: Angela Bennett

Treasurer: Renee Smith

Newsletter: Liz Janes

Secretary: Heather Bounaouara

Attendees

25 ladies attended.

Welcome

Angela welcomed everyone to our meeting.

Speakers

She thanked the nurses from the DTC, Carly, Lee and Leanne, for their annual talk to us, which we all really enjoyed.

Upcoming events

Cake sale on 29th October in the hospital at 10.30am - Angela asked for homemade cakes and for all ingredients to be labelled. No nuts please.

Fundraising dinner on Saturday 22 November at Loddon Vale Bowls Club - there will be 37 from our group plus 30 from the bowling club. Please pay £25 per person this evening. Liz has the menu choices. The hiring of the room and the DJ is being paid for by the club. We already have some excellent raffle prizes, both from our ladies and from local businesses. Our group will provide the table decorations (flowers), and Angela asked for any offers. Maureen kindly offered. The dress code is 'dress to impress'.

The Ark Christmas lunch - 10 or 12 December between 1pm and 1.30pm at a cost of £27 for two courses and £30 for three. Liz asked us to write down which date we can make. If there are enough attendees, both dates will be valid. Please pay at next month's meeting.

Group Christmas party - Sharon and Debbie are doing the food list again this year. Please provide a secret Santa gift to the value of £5. Next month we will discuss the entertainment.

Other business

Corrine was congratulated for completing a 10-mile run in aid of Cancer Research UK. Well done, Corrine!

Last weekend Angela met with Dr Remer's secretary, Natasha Aitkin. She wanted to know more about our group, and she also gave Angela some literature that may be of help to some of us ladies.

Greenham Oncology Centre has a Macmillan Citizens' Advice representative available for self-referral every Monday between 10am and 12pm. Phone 03448 477727 or go along in person. This service is tailored to people with cancer.

Angela thanked Pat and Kirsten for representing our group at the Tadley Community Liaison Lunch. They do this for us every year.

Angela has leaflets for a local tinnitus group, led by Peter Humphreys.

The meeting closed at 8pm