

Basingstoke Breast Cancer Self-help Group

Minutes of the monthly meeting 21 April 2026

Chairman: Angela Bennett

Treasurer: Renee Smith

Newsletter: Liz Janes

Secretary: Heather Bounaouara

Attendees

16 ladies attended.

Welcome

Angela welcomed everyone to our meeting and a new lady called Fiona from 5KYourWay. She also thanked Posy Maudi for her calming Himalayan Sound Bath she kindly did for us. We all found it extremely relaxing.

We celebrated both Maggie and Ann's 70th birthdays with two delicious cakes. Congratulations to both of you!

Angela spoke of our public liability insurance cover, for both meetings and fundraising events, and has asked for clarification from the hospital as it has taken over the running of the Ark. The next year's cover is £178.

Speakers

Mr Harris will be our speaker next month, and this will be his 19th year speaking to us.

Jane Bishop, who organises our speakers, is still waiting for confirmation from Jane Devonshire, winner of the 2016 Master Chef competition to be our speaker in June. Jane, who was unable to attend this meeting, was thanked by Angela for all her efforts.

Jane has informed us that Dr Remer will be replaced by Dr Veli at our September meeting.

Upcoming events

The canal trip is Friday 17 July and is booked. We depart at 7pm. Please bring your own food, and drinks can be bought on board.

Skittles evening is Tuesday 18 August and is booked. It costs £10 for a buffet supper. Please add your name to the list.

Whitchurch Silk Mill outing will be either Wednesday 10 or 24 June. Doreen is organising this, and the tour will start at either 10.30am or 2.30pm. The entrance fee is £14.50 per person with refreshments available afterwards. We need 20+ people for this trip.

Winchester Cathedral's Festival of Flowers and Nature will take place on 16th of September from 11.30am. The entrance cost is £19. We can have lunch in the café after our visit.

Japanese Gardens in Fleet - Ann K has proposed either a visit plus a talk in the garden, or we ask the owners to come and speak to us in 2027.

There will be another cake sale in October, and we might hold another fundraising evening since the last one was such a success.

Other business

Joanna is making very slow progress since her operation and Angela has sent her cards from the group and a few ladies have been supporting her.

The meeting closed at 8pm.